



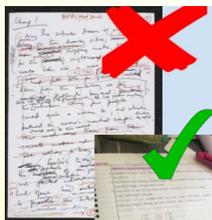
We believe that in order to achieve excellence students need to **Aspire**, **Respect** and **Engage**. Last week we completed our whole school 'reset', in which we focused students on specific areas for improvement. This half term we are challenging students to grow in three ways: **Aspire** by being presentable, **Respect** by following routines and **Engage** by being punctual. If students can grow in these three areas by 1% every day it would make a huge difference for them and us all as a community. We wish all students good luck in these challenges.



At Thorpe We ARE Presentable

Our presentation routines are::

- No unnecessary marks, doodling and scribbling
- Make sure the date, title and lesson objective of your work is clear
- Use blue or black ink (and a pencil) routinely, unless you are responding to feedback (green)



Our Form Time Attendance Matters slot continues to focus on Careers, and on the soft skills sought by employers.

- Employers want people who always do the best job that they can.
- Employers want people who follow their routines, who do it right!
- Employers want people who will keep their appointments, turn up on time and as agreed.

Being **Presentable, Methodical and Punctual** are important for the world of work and a good attendance record goes a long way to prove that someone has that skill set. We report on attendance and punctuality when we write references for employers or colleges.

Click [HERE](#) to find out more about Year 10 Work Experience of the Workplace



Part of the Pastoral Curriculum on '**Aspire**' this week focussed on Healthy Relationships. In Monday form time, teachers held a short discussion on this. In Year Group PSHE lessons this approach has been worked through with Year 7s and the changes in the body during puberty, the impact of personal hygiene on relationships, Year 8s and the relationship and affect on us of caffeine. In Year 9 on substance abuse and the relationship between that and the law. In Year 10 on our relationship with money and Year 11s an in depth look in managing unhealthy behaviours in a relationship.

NSPCC The NSPCC has some very good resources on Healthy Relationships and how to speak to your child about them. Please click [HERE](#).

Online Safety remains key, prior to half term all students received a PSHEE lesson on online safety and grooming. Please follow this [LINK](#) for a useful resource in supporting and ensuring that social media settings are helping children to stay safe online.

Please be reminded of the National Online Safety Network which provides an ongoing updating resource for all parents. The resources include Parents and Carers courses online video resources and weekly guides covering a huge range of topics, including:



- Online Relationships
- Fake Profiles & Social Bots
- Online Bullying
- Online Grooming
- Child Sexual Exploitation
- Sexual Harassment & Violence
- Sexting
- Live Streaming
- Online Identity
- Screen Addiction
- Online Challenges
- Overspending
- Social Media Platforms
- Online Gambling
- Radicalisation, Terrorism & Extremism
- Age Inappropriate Content
- Copyright & Ownership
- Hacking
- Fake News
- Online Fraud
- Online Reputation
- Personal Data
- Pornography
- Targeted Adverts & Pop-Ups
- The Dark Web
- Games & Trends



To create your account, please click [HERE](#) and complete your details. When you are set up, you will be able to set 'Parent/Carer' as your user type.

You can access National Online Safety via any device- including via their brand new smartphone app. To download the app, please go to:

<https://apps.apple.com/gb/app/national-online-safety/id1530342372>

<https://play.google.com/store/apps/details?id=uk.co.nationaleducationgroup.nos>

Alternatively, search for 'National Online Safety' in the App Store/Google Play Store.

Answers to frequently asked questions and customer service can be accessed [HERE](#), at <https://helpdesk.thenationalcollege.co.uk/helpcentre>.



The following articles are on our website.
To read these in full, please visit our [website](#) or click on the links below.

#WeAREgrowing

Our U13 girls' cricket team enjoyed their day out at UEA competing in the qualifying round of the Lady Taverners indoor competition.



It was great to see the Year 8B team in full sided action. All 18 players played against Sprowston.

Our Year 9 footballers represented Norfolk at the weekend. Lucas, Theo, Sean and Micky were all involved as Norfolk beat their local rivals Suffolk 5-3.



Year 11 Hoodies are now available to order - you can do so via this [LINK](#) or via the QR code provided. You will need to put your orders in by Wednesday 6 April 2022, so do not waste any time and order yours today!



They have done it! Our U12 girls are into the semi finals after a brilliant performance. A 5-0 win with lots of outstanding performances all over the pitch in front of a bumper crowd. Bella in particular was on fire bagging herself a hat trick

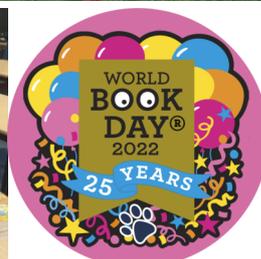


Please follow this [LINK](#) to find out more about Allotment Life at Thorpe. We are creating a Time Capsule Can you think of anything to put in it? Email jcrane5kq@yare-edu.org.uk



WANTED OLD COMPUTERS
Click [HERE](#) to see to see how you can donate.

Our Library today ready with exciting new books for our students to collect with their book tokens.



#WeAREgrowing