



Sum 1 - Aspiring to Live in the Wider World

Saving, spending, budgeting, loans, interest rates, understanding fraud, identity theft and making ethical financial decisions.



Sum 2 -Respectful Relationships & Sex Education

Online safety, families and marriage, gender identity and sexuality, healthy relationships, friendship and romance

To
Y8



Spr 2 - Engaging with Health & Wellbeing

Health & hygiene, puberty, healthy lifestyles, influences on health



Aut 1 -Engaging with Health & Wellbeing

Settling in, establishing routines, emotional wellbeing, support networks, self-worth & aspiration

Spr 1 -Aspiring to Live in the Wider World

Careers Education – students will take part in a competition, developing teamwork, enterprise, communication skills and aspiration.



Aut 2 -Respectful Relationships

Diversity, prejudice & discrimination, friendship, bullying, cyber-bullying and asking for help




**Welcome to
TSAS! Your
PSHEE
learning
journey starts
here!**

Y8



Sum 1: Aspiring to Live in the Wider World
Road & rail safety, knife safety, water safety, basic first aid.

Student

Voice Lesson



Sum 2 -Respectful Relationships & Sex Education
Healthy and unhealthy relationships, myths v reality, consent, sexting and online relationships, peer support and an introduction to contraception and sexual health.

To Y9

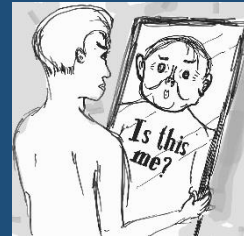
From
Y7

Aut 1 -Engaging with Health & Wellbeing
Emotional wellbeing, managing feelings, anxiety, body image and the media

Spr 2 - Engaging with Health & Wellbeing
Growing up – puberty revisited, influences on health – caffeine, tobacco & vaping, alcohol, sleep, legal and illegal drugs.



Spr 1 - Living in the Wider World
Britishness and immigration, Government and democracy, radicalisation and extremism, careers.



Aut 2 –Respectful Relationships
Prejudice and discrimination, racism, religious discrimination, disability discrimination, homophobia, biphobia, sexism and transphobia



Y9



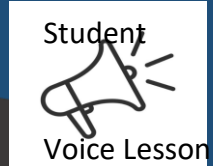
Aut 1 -Aspiring to Live in the Wider World
Careers, identifying strengths and goal setting, careers secors, aspiration, ambition and employability. This unit has been designed to support students through the KS4 preferences process

Spr 2 - Engaging with Health & Wellbeing
Risks of substance abuse (smoking / illegal drugs / alcohol), Gangs, drugs and County Lines



Aut 2 -Engaging with Health & Wellbeing
RULER, Emotional wellbeing, managing feelings, anxiety, digital resilience, unhealthy and healthy coping strategies, balance.

Sum 1) - Aspiring to Live in the Wider World
Road & rail safety, knife safe
Financial decisions, budgeting, credit, gambling, debt, fraud and scams



Sum 2 -Respectful Relationships & Sex Education
Commitment, sex & the media, pornography, consent, contraception, STI's, online relationships, CSE, accessing information, advice & guidance.



Spr 1 –Respectful Relationships
Relationships & change, conflict resolution, bullying, assertiveness, sexual harassment, families & parenting, internet safety & CSE



From
Y8

To Y10



A yellow five-pointed star with a black outline, containing the text 'Y10' in a bold, dark blue font.

Spr2 & Sum 1 -Respectful Relationships & Sex Education
Body Image and the media; gender identity and sexuality, healthy relationships, readiness for intimacy, contraception, when contraceptives fail.

Student

Voice Lesson

Sum 2 (Y11) – Aspiring to Live in the Wider World

Preparing for the future; post 16 landscape, helpyouchoose.org, labour market information, skills and qualities.



To Y11



To Y11

From
Y9

Autumn term -Engaging with Health & Wellbeing
Resilience, mental health and ill health, stigma,
safeguarding health, including during periods of
transition or change, grief & bereavement

Spr 1 – Aspiring to Live in the Wider World
Addressing extremism and radicalisation,
Communities, belonging , conspiracy
theories

Sum 2 (Y11) – Aspiring to Live in the Wider World

Preparing for the future; post 16 landscape, helpyouchoose.org, labour market information, skills and qualities.



To Y11



To Y11

Y11

Spr 2 -Respectful Relationships & Sex Education

Testicular and breast examination, Sex and the Media, Managing unhealthy behaviours in a relationship, Consent and coercion, Barrier contraception, Sexual Health, Identifying and accessing services



Sum 1 – Respectful Relationships
Fertility, routes to parenthood, pregnancy outcomes, abortion, marriage & forced marriage



Aut 1 –Aspiring to Live in the Wider World

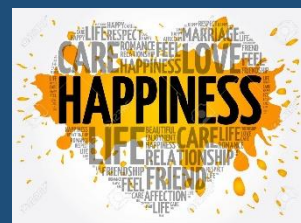
Skills, qualities & experience, post 16 landscape, applications, CV's, personal statements, interview skills

From
Y10

Spr 1- Aspiring to live in the wider world

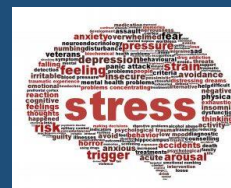
Online safety, understanding & managing risk, drugs and the law, gambling and debt, driver safety

To the
future!



Aut 2 -Engaging with Health & Wellbeing

Emotional wellbeing, happiness and positivity, managing stress, Procrastination & Perseverance, Social media & self esteem, Sleep, Quitting bad habits -screen time



Spiral Approach to Content using PSHE
Association's Themes of:
Health and Wellbeing
Relationships and Sex
Living in the Wider World
Additional Themes:
Citizenship and British Values
Careers – Gatsby Standards
Financial Education

