



Excellence For All



Wellbeing Support At Thorpe St Andrew School & Sixth Form



Aspire



Respect



Engage



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How do we support your child?



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Year 7 BEST (Behaviour for Education Support Team)

**Miss Bond – Year 7 BEST Lead/
Designated Safeguarding Lead**



Mrs Norman – Year 7 BEST Assistant



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The Team

**Mr Byram – Student Counsellor/
Alternative Senior Designated Safeguarding Lead**



**Mrs Frary – Wellbeing Officer/
Designated Safeguarding Lead**



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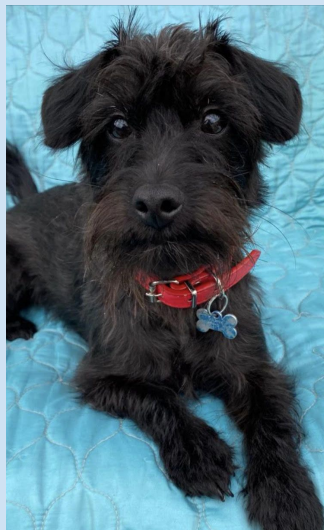


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The Team

Freddie – Our Therapy Dog



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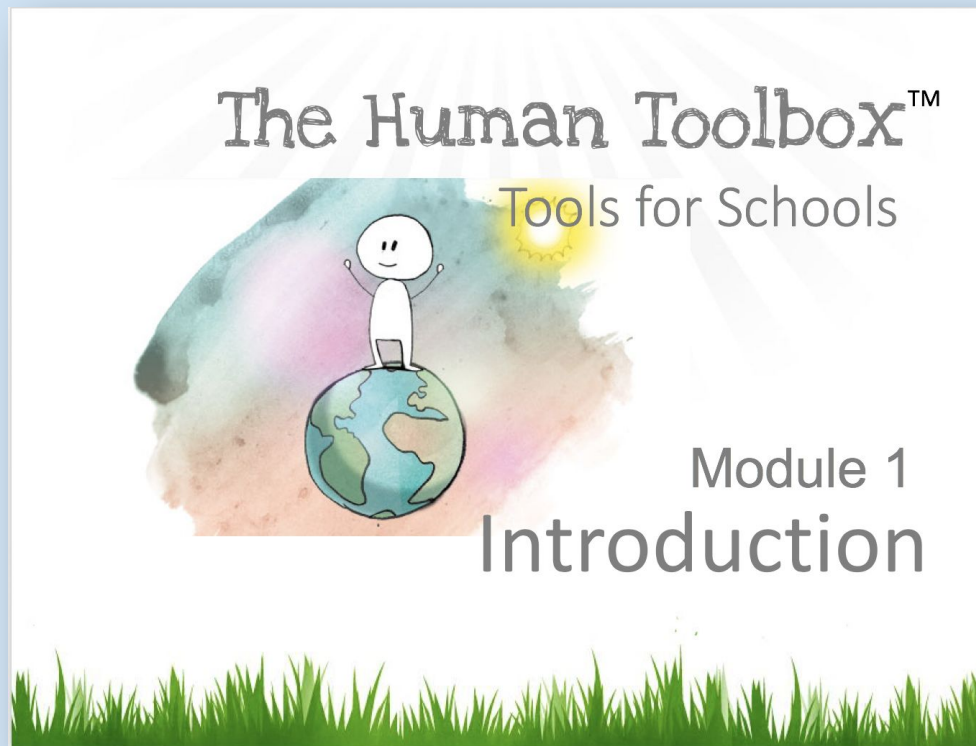
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Outside Agencies



CAMHS -

Matthew Project -

GP -

Young Carers -

Prospect -

Nelson Journey -

Early Help

LINK TO LIST ON WEBSITE <https://thorpestandrewschool.org.uk/parents/wellbeing/>



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YOUNG CARER Support Group



1 in 5 high school children
may be young carers



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ZAP in Schools: Assertiveness & Resilience workshops



86% children said they enjoyed the workshop

"It helped me understand how to deal with bullying"

93% children said they felt more able to be assertive

98% children said it had given them a better understanding of bullying

82% children said they felt more able to help someone else in a bullying situation

"It helped me become more confident in being an active bystander"

91% children said they felt more able to handle a bullying situation

"The workshop is great and made me feel confident"



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'SOLACE' GROUP - Support for Bereaved Students

Solace - Definition:-

"comfort or consolation in a time of distress or sadness"

There is a Solace Group for each year group in school.

Support for bereaved students is offered individually and in Group



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