

SIXTH F**%**RM

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Vision Have high aspiration

Organisation Be on time to lessons and be organised

Identify Systematically review knowledge that is not cemented

Consolidate Use iStudies to consolidate your learning, complete all work on

time and to the best of your ability

Effort Attend all timetabled lessons and give it their best effort



Summer Timetable - What's the Why?



Excellence for All

- Students spend the last few weeks of term meaningfully engaged in new classes
- Summer Transition Work will be completely relevant to new subjects and feeds into the Autumn teaching plans
- An opportunity to revisit expectations as our students become the oldest year group of the school and therefore act as role models
- Year 12 into 13 students are stepping up to have a productive summer term with end of year examinations and a clear focus on next steps







Their Achievements So Far...

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- Number of Bronze Awards 137
- Number of Silver Awards 40
- Number of Gold Awards 20
- Number of Platinum Awards 12
- Number of Palladium Awards 5
- To this date = 16741

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Their Achievements So Far...

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- The number of job offers received from placements
- Work Experience already secured
- Leadership positions within the school



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Have you ever heard of

triskaidekaphobia?

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There is no need to be scared! We, together, are here to help our students get through their last year...



... to cope with the leap between Year 12 and Year 13

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The Leap Between Year 12 and Year 13



- ☐ The jump can be harder than from Year 11 to Year 12
- ☐ Those who coped with the transition worked from **Day 1**
- ☐ Get organised from **Day 1** to balance their UCAS application, Personal Statement and other deadlines
- ☐ They need to keep up with their first year contents as well as that of their second year's
- ☐ Keep on top of their work, otherwise it will pile up



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The Leap Between Year 12 and Year 13

But... they will cope if they:

- ☐ Share their struggles and communicate with their friends
- ☐ Work from **Day 1** to help them stay on top of things
- ☐ Ask for help from their teachers and PD Tutor to help them prioritise and manage their workload



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ASSEMBLY

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Welcome to Upper Sixth!

(formerly known as Year 13)

Our Sixth Form Team





Ms Bernard
Director of Sixth Form



Miss Algar Head of Upper Sixth



Dr Elliott Head of Lower Sixth



Mrs Batson BEST Lead/ DSL



Mrs Lincoln
BEST Assistant
Upper Sixth iStudy Coordinator



Ms Ralph Sixth Form Admin



Miss Fitzsimmons
Sixth Form Raising
Achievement Team



Hugo Your Sixth Form Support Dog

Our Sixth Form Team





Mrs Cromack
Exams Officer



Mr Jackson Sixth Form SEND Lead



Mr Selgado School SENDCo



Miss Murphy Careers Lead



Our Upper Sixth Specialist Tutors





Miss Fox



Mr Sparkes



Mrs Scott



Mrs Robinson



Mrs Fletcher/ Ms Veale



Miss Thorpe



Mr Bayston



Mrs Clarke

What does it mean to be an Upper Sixth Student?





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In a nutshell:

More work

Tough decisions and sacrifices

Massive Personal Growth





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What's new in Upper Sixth to support your young people with this "Massive Personal Growth"?

- Pastoral Curriculum is different in their second year of Sixth Form to support them with their next steps
- PD will be two times a week from September



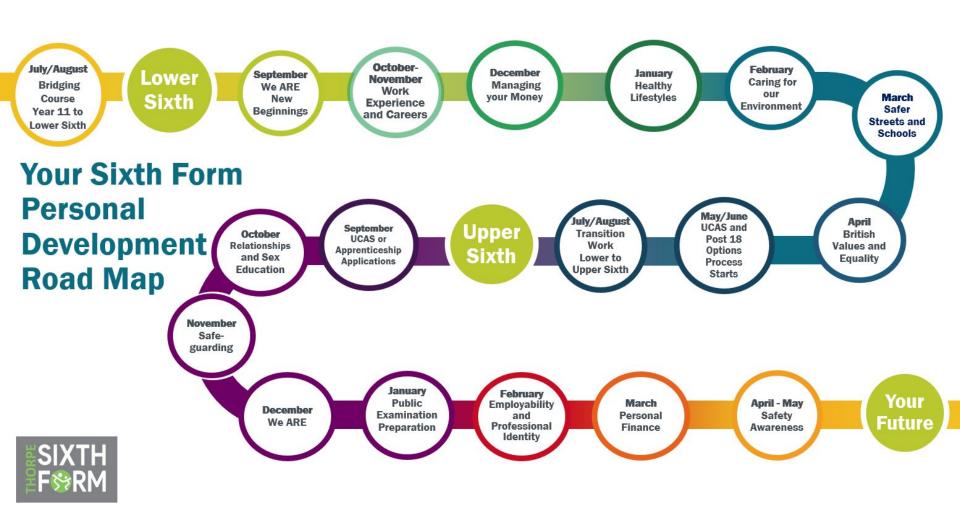


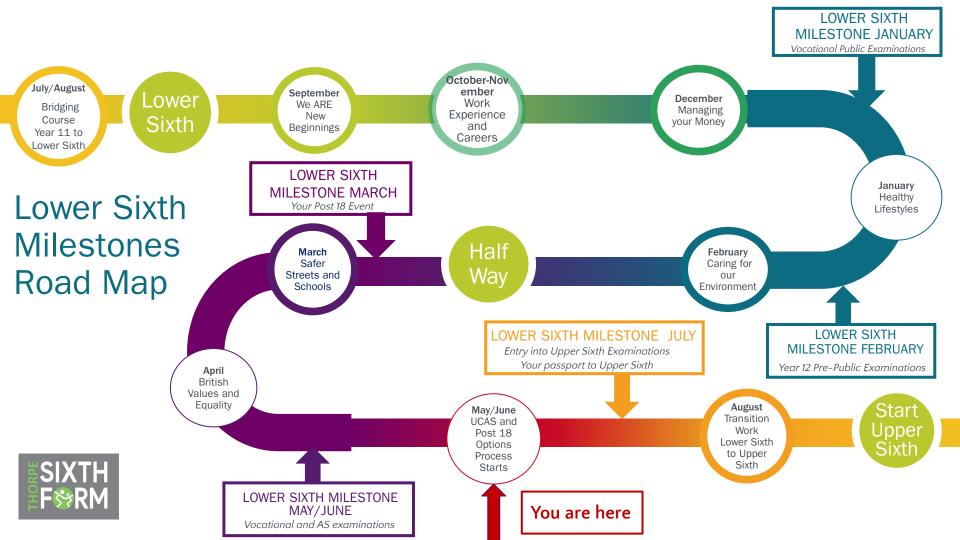
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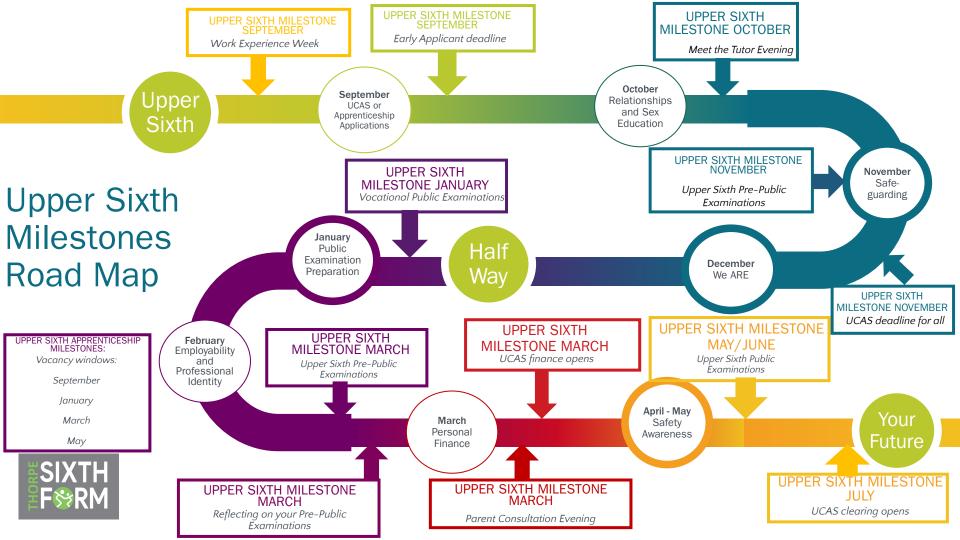
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What's new in Upper Sixth to support students with this "Massive Personal Growth"?

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PD+ is also part of the Upper Sixth Curriculum once a fortnight



September: UCAS - Prepping for life after Sixth Form October: RSHE November: Safeguarding December: We ARE January: Preparing for PPEs February: Employability/ Professional Identity March/April: Safety

Managing the Workload in Upper Sixth



Use their Google calendar!

- Their lessons and iStudies
- Homework and Coursework deadlines
- UCAS deadlines
- Open Days
- PPEs
 - w/b Monday 6 November
 - w/b Monday 12 February
- Revision timetable
- Exam timetable
- Personal commitments: Part time job, driving lessons, birthdays, weddings etc

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Managing the Workload in Upper Sixth

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- Sixth Form facilities
- iStudy
- Golden Ticket



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Supporting your son/daughter in their final year of Secondary School as a Parent/Carer



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Top Tips

1. Goal Setting

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- Help them keep their vision/goal in mind to keep them motivated
- Display it on their bedroom wall?
- Talk about it regularly focusing on the "why" and "What" they want to achieve

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Classes Affected	Number of Lates	Time HH:MM	
	30	3:19	
S	14	1:35	
.D	9	1:14	
2S	8	0:53	
A	4	0:23	
₿C	2	0:15	
S	1	0:04	
2S	1	0:00	
Tota	l: 69	07:43	

Since September, this student has notched up almost **8 hours** of missed learning by being late to lessons!

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endance Percenta I/PM	ge foi	
Present + EA	253	85.47%
Authorised Absent	42	14.19%
Unauthorised Absent	1	0.34%

Since September, this student has notched up almost **22 days** of missed learning by being absent from school.

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hours.

decide you need

to go home.

highest attendance you

can get is 97%

90% attendance or less can

reduce your chances of good

outcomes by half



'If we extrapolate across a three A level programme, the typical student with attendance below 85% will perform at least two grades lower than a student with attendance above 95%. In competitive university entrance and other contexts, two grades represents a life-changing difference.'

Source: The Sixth Dimension Report 2019 published by SFCA

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Authorised Absences

• If your son/daughter is unwell, you must ring or email before 8.20 am and any subsequent day.

• If your son/daughter is unwell during the day, they must report to the Sixth Form Office. If it deemed that they are too unwell to stay at school, we will ring Priority 1 contact to ask if they agree to let their son/daughter go home. This is a safeguarding issue.

 For planned absences, an application for <u>Leave of Absence</u> must be completed five days prior to the absence. The link can be Found on The Sixth Form website under <u>About us/Policies and Forms</u>

Application for Leave of Absence from School During Term Time

Parents/Carers considering an application for Leave of Absence should consider the following:

- * Any absence leads to a break in learning. It is difficult to catch up on missed work when everyone else has moved on.
- * The learning of others is disrupted whilst missed work has to be re-taught.
- * 95% attendance should be minimum target for every individual (1 two-week holiday would give an individual only 94.7% attendance).
- * 90% attendance is equivalent to:
 - · missing half a day a week;
 - · missing over four weeks of school in the year;
 - · missing half a year out of every five years of school.

Leave of Absence will only be authorised in exceptional circumstances, at the discretion of the Principal.

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Types of authorised absences:

- Medical/dentist appointments which unavoidably fall under school hours
- Open days (maximum of five)
- Emergencies
- Funerals
- Close member of the family celebration (maximum of three days)
- Driving <u>tests</u>
- Sport competition at local, regional or national level

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Types of unauthorised absences:

- Truancy during the school day
- Not attending Personal Development sessions and assemblies
- Absences which are not explained
- Students who arrive at school too late to get a present mark
- Driving lessons
- Looking after other children including siblings (unless this is an unforeseen emergency)
- Non school day trips and holidays in term time
- Paid employment being undertaken during the school day (8.20 am 4.00 pm)
- Leisure activities
- Birthday or similar celebrations
- Shopping
- Studying from home

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3. Organisation skills

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- Ask them what lessons they have tomorrow
- What homework they have for the week
- Do they have any NEA or Coursework deadlines looming?
- Is their calendar up to date?
- What plans do they have at the weekend?



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4. Providing a good learning environment

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- Finding a quiet work space at home where they can concentrate on their work/revisions
- Encourage to declutter the working space so their mind can function
- Revising with or without listening to music?

"Students who revised in quiet environments performed more than 60% better in an exam than their peers who revised while listening to music that had lyrics."

Source: Cardiff Metropolitan University Research

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5. Encouraging good sleeping habits

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- Young people need between 8 9 hours sleep per night
- Help create a relaxing evening routine
- Help them to switch off from work or revision, social media or technology at least an hour before bedtime

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6. Keeping a healthy balance

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- York University "Rule of 8"
- Encourage them to keep active on a daily basis
- Exercise at least 20 minutes a day
- Plan to do active things together at the weekend
- Go out for a walk together and get some fresh air
- After exercise the brain functions well, so encourage a revision session afterwards
- Encourage them to take time out
- Visit our Wellbeing Hub which has some useful tips on how to look after their wellbeing



Wellbeing Hub

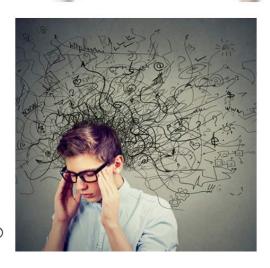
- ^ Home
 - General Wellbeing Hub
 - Anxiety
 - Low mood
 - ✓ CBT
 - Mindfulness
 - ✓ Stress

Working at Home

Self-Esteem

Essential Contact List

STRESS & EXAM STRESS







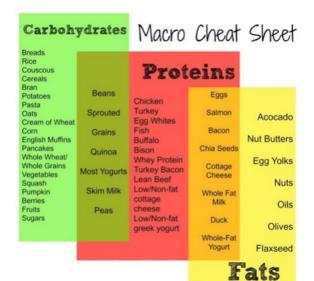
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7. Healthy eating



A BALANCING ACT

Keep your sugar levels under control.



Eating the right food and drink can energise your system, improve alertness and sustain concentration through the long exams

MIGHTY MAGNESIUM

Magnesium is involved in over 1000 enzymatic reactions in the body. It's vitally important in providing our cells with energy

Green vegetables
Nuts
Pulses
Fish
Bananas

UP THE B'S & OMEGA 3'S

B vitamins are directly involved in creating energy at a cellular level & will give you an energy boost Green vegetables
Asparagus / Spinach
Broccoli
Yoghurt
Chicken / Salmon
Whole Grains / Brown rice
Almonds / Pecans
Eggs

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8. Helping to revise

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- Ask them to teach you what they have learned today
- If things don't go in, encourage them to take 20 minutes away from their revision
- Encourage them to agree time off with their friends from social media
- During the School holidays, we encourage students to follow their normal timetable to remain organise with their revision plans

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8. Helping to revise



 Ask them to share their PLCs with you to encourage them to tackle their amber and red areas

Unit 1: What is business?			
1.1 Understanding the nature and purpose of business			
can explain and investigate why businesses exist	T	T	Т
undersiand the common business objectives including profit, growth, survival, cash flow, social/ethical Apectives	Т	Т	Т
can explain the reliaborating between reission and objectives.		Т	
can explain ally businesses set objectives			
can measure profit and explain the importance of profit.			
can calculate revenue and total costs			
1.2 Understanding different business forms			
can explain reasons for choosing different forms	T	Т	Т
can explain reasons for changing business forms		-	
can explain what sofe traders are, and their advantages and disadvantages.		\top	
can explain what private lented are companies and their advantages and disadvantages	\top	\top	
can explain what public limited companies are and their advantages and disadvantages			
can identify the differences between public and private sector businesses		\top	
can explain what non profit organisations are and their advantages and disadvantages		\top	
can explain the difference between limited and unlimited liability			
can explain and calculate ordinary share capital	Т	Т	Т
can explain and calculate market capitalisation			
can explain the key term of dividends		т	
can explain the influences on share price and the significance of share price changes.	\top	\top	
can explain the ritle of chareholders and their reasons for investing	\top	Т	
can explain the effects of ownership on mission, objectives, decisions and performance of a business		\top	
2.3 Understanding that businesses operate within an external environs	were .		_
can explain have external environment can affect costs and demand	T	Т	Т
can explain influence of competition on costs and demand			
can explain the influence of market conditions on costs and demand	\top	\top	
can explain the influence of income on costs and demand			
can explain the impact of interest rates on costs and demand	\top	\top	\top
can explain the impact of demographic factors on costs and demand			
can explain the impact of environmental issues and fair trade on costs and demand	-		

8. Helping to revise

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Seneca



- Seneca is an online learning platform used in Schools
- The free parent platform allows you to monitor your child's progress
- To sign up simply scan the QR code with your phone camera or go to senecalearning.com/signup
- Once you have signed up connect your account to your child's



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9. Knowing the Support Systems



Which System Does What?

MCAS My Child at School

This is where you can look at your son/daughter live attendance.
Your MCAS details

and link to access will be sent to you soon.

School Cloud

This is where you can book your appointments for the Parents/Carers Consultation Evenings and Meet the Tutor Evenings.

ClassCharts

This system is used logging recording positives and negatives and Academic Cause for Concerns. As parents you will be notified of these events so you are aware of any concerns the Sixth Form may have but also be able to celebrate the successes.

Students use this system to also view homework which are set on ClassCharts so it is accessible to students at all times. Your ClassChart details and link to access will be sent to you soon.

ParentPay

This is used to enable parents to pay online for visits or materials ordered by department or the Sixth Form which students will need.

Please note that the Sixth Form canteen takes payments by card from students so there is no need to place money on students' accounts for them to purchase lunches. Your ParentPay details and link to access will be sent to you soon.

Google Classroom

Each subject has their own Google Classroom where lessons, supporting learning materials are posted so students can easily find resources.

This is also used to communicate between the teacher and the students

and the students and the class group. Students also have their own Year Group Google CLassroom as well as a PD Google CLassroom.

This is a really good way to send notifications and important or urgent messages.

Only the student can access the Google Classrooms.

SENECA

Seneca is an online platform which is an effective and engaging interactive learning platform that can be used for free forever!

It includes revision guide, summaries, notes, videos and lots of different types of practice questions.

The system is also completely adaptive, so students' learning experience is tailored to suit each individual needs.

Sixth Form Updates

Every other Monday, the Director of Sixth Form emails all students and parents information relating to current or future opportunities and updates on the Sixth Form.

If you are not receiving them, please contact the Sixth Form Team where we will double check your email details to ensure you are receiving this information.

Wellbeing Hub

This is a website that is set up for students to access at all times. It is updated weekly with information on wellbeing and how students can access support as well as strategies they can put in place to help their overall wellbeing.

Details of this hub is sent weekly within the Sixth Form Updates.

* Links and login details will be emailed soon.

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How will we support our Students in their final year of study?

Our Students are in safe hands

We are "Ofsted GOOD"



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How will we support our Students in their final year of study?

- High expectations from the Sixth Form Team
- Students in the Sixth Form learn well, work hard and benefit from their teachers' expertise
- The Curriculum is broader than the exam specification
 - They benefit from a strong curriculum as they have plenty of opportunities to study a wide range of subjects



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How will we support our Students in their final year of study?

- Students appreciate the team ethos in the Sixth Form and readily take positions of responsibility within the school community
- Independent learning is well supported
- Strong subject knowledge/vocational knowledge. Students achieve well and are confident about their Learning Assessment practices were embedded well into lesson design.



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What makes our Sixth Form Special



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Our academic support and pastoral care is strong, due to:

- Our Subject Mentors
- Our Tutors' support and mentoring
- Our intervention programme
- Our post 18 support through careers and UCAS/Apprenticeship programme
- Our BEST support
- Our 16-19 Bursary

How to ensure you are "Upper Sixth Ready"?

End of Year 12 Assessments

UCAS Grades and feedback

Summer revision



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Biology Year 12 Transition Summer Work

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Please submit your work in your first lesson in September.

Knowledge you will need to have secured to be "September Ready"

Unit: Biology AS Topics into A2	RAG
Topic 1 - Propertied of water	
Topic 2 – Biological molecules: Enzymes/protein	
Topic 3 – Cell structure and ultra structure	
Topic 4 - Interactions with the environment	

In order to help you consolidate the above knowledge and be prepared for the demands of Year 13 studies, find below the tasks you will need to complete and submit in your first lesson in September.

Task 1:

Water: Is polar, is a solvent, has high heat capacity, has high heat of vaporization (the amount of heat needed to turn 1 g of a liquid into a vapour, without a rise in the temperature of the liquid), has cohesive and adhesive properties, is less dense as a solid than as a liquid.

Research the properties of water listed above. Present your work in a format of your choice include diagrams (e.g. a poster/power point / video)

Provide a biological example for each.

*Include properly cited references

Task 2:

https://www.nature.com/articles/nsmb.3246

Read the editorial and, using the examples from the editorial and chapter 2,3 expand on this analogy. You may also like to explain what happens when these gate keepers do not function Bonus: Explain the quote from the Scottish play at the beginning of the article.

Task 3:

Membrane bound organelles. You will learn in more depth about functions of membrane bound organelles, Your task to research the structure and function of the membrane bound organelles in plant and animal cells

https://www.thoughtco.com/what-are-cells-373361

https://www.thoughtco.com/organelles-meaning-373368

Task 4:

Extended response questions - (6 marks) Closed book/ Open book/ MS evaluate against ER)

(Long Answer Question 1) (Long Answer Question 2)

Reading list over the Summer:

1 Royal society Biology https://www.rsb.org.uk/ (lots of biology related links and articles)

2 Red list of endangered species https://www.iucnredlist.org/

3 Holland, P., The Animal Kingdom: A very short introduction. (often recommended by universities as a first year good read especially biology/ecology/zoology)

4 New Scientist: https://www.newscientist.com/ (for the scientific review articles on latest finding)

Upper Sixth Transition Summer Work

Students have four weeks to catch up any Lower Sixth content between now and the end of the term and six weeks in the summer to enable them to be "Upper Sixth Ready", meaning greater chances of success next year.



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Our students' achievements to come...

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Leavers 2022 March 2021 = bottom 25% Leavers 2022 August 2022 = top 10%

YOU March 2023 = bottom 25%

How did Leavers 2022 managed to jump to top 10%?

How did they do it?

- They attended all their lessons
- They embraced the intervention offered to them
- They used their iStudy periods productively
- They utilised their lessons learning from each other
- They never missed a mentoring session with their Subject Mentors or PD Tutors so they could use feedback to improve
- They simply "bought in"!
- They adopted a "Growth Mindset"
- They used their VOICE!



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Remember.....



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Key Dates For You

Monday 4 to Friday 8 September Friday 29 September **Tuesday 3 October** Wednesday 1 November Monday 6 to Friday 10 November Pre-Public Examination 1 **Tuesday 6 February Monday 12 to Friday 16 February** Wednesday 20 March Monday 13 May Friday 21 June

Work Experience Week UCAS deadline for Early Applicants **Meet the Tutor Evening** UCAS deadline for all other applicants **Student Finance and Next Steps Pre-Public Examination 2 Parent/Carer Consultation Evening Public Examinations start Last Day for Upper Sixth**





Would you like to share your experience of being a Lower Sixth Parent/Carer?

Tuesday 26 September

Lower Sixth Parent/Carer Information Evening

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