



6 July 2023

Dear Parent / Carer

### **Importance of School Uniform and Changes to PE in Year 10 and 11**

At Thorpe St Andrew School and Sixth form we strongly believe in creating a positive and inclusive environment for all our students. One of the ways we achieve this is through the implementation of a standardised school uniform policy. Uniforms play a crucial role in cultivating a sense of belonging, pride, and unity among our students. It eliminates socio-economic disparities and prevents distractions caused by variations in clothing styles. Additionally, school uniform supports the whole school culture and behavioural expectations as well as building a sense of professionalism, preparing our students for their future endeavours.

With that in mind, we would like to emphasise the importance of adherence to the school uniform policy as we approach the new academic year. Starting from September, **students will be required to come to school in their regular school uniform and change into their PE kit only during timetabled PE lessons.** If students have after school PE clubs they will also be required to change into their PE kit after school. Wearing a normal school uniform sets a boundary by placing a student in a 'working environment' mindset and helps them separate their home and school life. This is especially important for our KS4 students who are studying for their GCSE examinations.

We kindly request your cooperation in ensuring that your child adheres to the school uniform policy, including this modified PE attire procedure. We wanted to share this information with you before the summer holidays, as we are mindful that many parents/carers will buy additional uniform at this time. We are well aware that buying uniform can be expensive, especially during the current cost of living crisis. We are able to support some of our families with this cost, particularly those in receipt of specific state benefits. We may also be able to offer additional support, on a case by case basis, through our hardship fund. Please contact [Grants for Individuals - Norwich Charitable Trusts](#) for further information. If you have any further queries please contact [lbeales2nrn@yare-edu.org.uk](mailto:lbeales2nrn@yare-edu.org.uk). We understand that some may have questions about this change, and we have included an FAQ section below.

Yours sincerely

Thorpe St Andrew School and Sixth Form

### **FAQs**

#### **What is the uniform requirement at TSAS?**

White formal long-sleeved shirts (short sleeved shirts are also acceptable uniform).

Navy pleated skirt, Navy tailored trousers or Navy tailored shorts (tailored shorts are for the summer term, up until October half term).

Thorpe St Andrew School and Sixth Form Navy knitted jumper with School Logo.

Plain black or white socks or black tights.

Plain Black Shoes only. These must be 'polishable' – therefore no suede, canvas or similar are allowed. No white soles or logos.

Students must bring appropriate footwear for drama lessons. This can be plimsolls, slipper socks, trainers, dance shoes or pumps. They must be clean and have non-slip soles.

A plain dark coat or jacket (a hoodie is not a coat and therefore not acceptable attire).

Thorpe St Andrew School and Sixth Form Tie.

Thorpe St Andrew School and Sixth Form Butcher's Apron or Apron for technology.

Student Photo-ID Cards Lanyards.

### **What is the PE uniform requirement as TSAS?**

Thorpe St Andrew School and Sixth Form Tapered Pants, leggings, shorts or skirt or plain unbranded navy jogging bottoms, sport leggings, shorts or skirt.

Thorpe St Andrew School and Sixth Form Polo or a plain Black or Navy polo shirt.

For cooler weather – Thorpe St Andrew School and Sixth Form mid layer or a plain unbranded Navy sweatshirt.

Trainers that are only used for PE.

Black or Navy one-piece swimsuit, swimming trunks or swimming shorts, a swimming hat (white) and a towel.

### **What is the TSAS policy on accessories and personal styling?**

Hairstyles should not be extreme in either style or colour. All colour should be natural and subtle (e.g. no blue, green, purple, pink etc).

Nails should be kept short for health and safety. Coloured nail polish is not permitted, nails must be natural in colour.

Make-up must be subtle and discreet, false eyelashes are not permitted.

Rings and other jewellery are not considered suitable for school.

A maximum of one pair of plain small stud earrings (not hoops or other styles), small nose stud may be worn but facial and other body piercings are potentially dangerous and not permitted. Earrings and nose studs must be removed for PE (please think carefully about when you allow ears to be pierced).

Ear tunnels, stretchers and plugs are not permitted.

### **What is the TSAS policy on religious dress code?**

Hindu students are permitted to show Tilak markings.

Jewish students may wear a kippah, it must be plain white or plain navy in colour.

Muslim students may wear the Hijab, it must be plain white or plain navy in colour.

Sikh students are permitted to wear pagri/turbans if worn must be plain white or navy in colour. Kara bracelets are permitted.

Religious necklaces may be worn but must be tucked inside shirts and removed for PE.

If you have any further questions not covered above, please contact the school for further clarification.

### **Where can I buy a TSAS uniform?**

All uniform can be purchased from Stevensons -

<https://www.stevensons.co.uk/our-branches/norwich>

### **What is the Department for Education's guidance on uniform?**

<https://www.gov.uk/government/publications/school-uniform/school-uniforms>