



"We are respectful being polite to all of our community"



This week our **ARE** focus has been on **Respect**
"We are respectful and polite to everyone in our community" and we have been asking students to talk to us! Students at Thorpe St Andrew School and Sixth Form are often very polite but they are not always good at speaking to people they do not know and as a big community it has been really great making an effort to stop and speak to lots of different people we would not normally get a chance to speak to! We have asked students to "Stop, listen and respond" if people have spoken to them, we have asked our adults on the gates to make a real effort to communicate and we have asked students to respond to these "good mornings".



We know it can be hard, but the first step to building a community, working together and existing together is communication and we would really appreciate it if you carried this on at home!

P. Bignell

House System at Thorpe St Andrew School and Sixth Form

Three Houses Lead by Head of House



Mr. A. Harvey



Mr. G. Payne



Ms. J Keegan



What opportunities are there for Students to Demonstrate Leadership?



Form Representatives Student Leaders are the voice of the form. They are there to raise concerns to Students' Head of Year in the Year Group Senate.

Two of the Student Leaders represent their year in the school senate.

Anti-Bullying

Ambassadors: These students will be trained in ways to reduce the incidents of bullying. More details to follow.



ECO TEAM

Form Eco Green Team Representative is the Form's voice on Environmental matters around the school. They will be helping Head of Year with Green Projects.

Diversity Representative : A representative to be a voice for all. This may be underrepresented community members.



LGBTQ+ Representative/Ally
A voice to specifically represent and stand for the LGBTQ+



Attendance Matters - #WeAREHere - In our Monday Assembly, Mr Moore launched our amazing **Extra-curricular Activities** programme. These activities are the enrichment activities that happen outside of the classroom, and include:

- Drama
- Music
- Sport
- Bushido
- Crafts



The activities are good fun and encourage friendship and collaboration. There is always a section on a CV set aside for student interests and a school club is a good way to develop those interests.

Being absent from school not only means missing out on 5½ hours of learning, it also means missing out on the lunchtime and after school opportunities that we offer.

Pay It Forward - Kindness and Mental Health

Tuesday 19 September 2023, was **Youth Mental Health Day** and in October we will see **World Mental Health Day**. In our Monday Assembly, we highlighted the importance of being kind, and on thinking on how our words and actions can affect the mental health of others.

Kindness is the selfless act of doing something to help others, by word or by deed. Acts of kindness release serotonin and dopamine, which make us feel good. Endorphins, which are the body's natural pain killers, are also released. Kindness also makes the other person feel good, valued and a part of a community. Acts of kindness often trigger a ripple effect, as one act leads to another.

You can support our efforts to encourage kindness by asking your child about their day and about acts of kindness they experienced.





Launching #WeAREThorpe Extracurricular activities.

All our exciting new Clubs can be found
by following this [LINK](#).

Do not delay join a Club today.



Year 9 at Sewell Park A 4-4 Thorpe C Team



Great to see over 50 students at the Year 7 Boys' Football Club



1st Allotment Club this School Year

Diversity Mural Presentation - Towards the end of last year our student community created an incredible mural to celebrate diversity within our school. We are delighted to announce that the presentation of this mural will take place during the Black History Month Community event at 4.00 pm on Wednesday 11 October 2023. We are welcoming all parents and their children to attend the event. If you would like to attend, please complete this [form](#).



Year 8 Students proudly wearing their badges

Friday 22 September 2023 - Year 12 Visit to Flegg Common - Introduction to Environmental Science Course

Tuesday 26 September 2023 - Year 7 Working Together Evening

Wednesday 27 September 2023 - Maths Olympiad for Girls, Year 10 Summer Snack at CNS School

Lower Sixth Parent Information Evening

Thursday 28 September 2023 - Uni Insight Day - UEA

Year 11 Engineering Careers Visit

Thorpe Careers Fair for Year 11s and 13s, 6pm-8pm, North Site Hall/Gym

Monday 2 October 2023 - Spanish Students in School, Year 11 PPEs

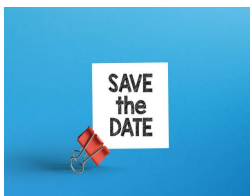
Celebration ARE Events

Tuesday 3 October 2023 - Senior Mathematical Challenge (SMC), Year 9 Netball Smashup

Years 7 to 13 Meet the Form Tutor

Thursday 5 October 2023 - Year 7 and 8 Netball at Open Academy

Check out our [website](#) for future dates.



Calling all those who are interested in teaching as a career to attend a face to face event at Notre Dame High School on Tuesday 26 September 2023 at 6.00 pm to 7.30 pm.

Follow the [link](#) in the letter to sign up and for further details.



GOV.UK

A parent's guide to keeping kids healthy this school year